



Bethany College Football 2011 Full Contact Team Camp



Camp Features

- Practice periods per day with your team
- Full Team Thud scrimmages
- All-You-Can-Eat Dining Hall
- Flexible Schedule
- Nightly Chalk Talk
- Camp t-shirt



2010 Bethany College
Swede Defense



Junior Allen

Leading Rusher in Nation 2nd Team
VSN ALL-American

Registration

Coaches will be required to register their teams. Registration is from 2 p.m. to 3 p.m. at the Bethany College Weight Room on June 11th. Camp ends June 13th at 10 a.m.

Download a registration form at:
<http://www.bethanylb.edu/FullContactFootball>

Insurance

Each camper must provide proof of insurance and a liability waiver (emailed with confirmation).

Camp Fees

Commuter Camper provides own pads: \$90

Commuter Camper uses BC pads: \$125

Residential Camper (includes housing, and all meals, provides own pads: \$140

Residential Camper uses BC pads: \$175

Camp Meals

Meals will be served in Bethany College's Dining Hall. Meals include dinner on the first evening, three meals on the second day and breakfast on the last day for residential campers. Commuter camper meals include dinner on June 11th, and lunch and dinner on June 12th.

Camp Housing

Residential Campers are housed in Bethany College's Warner Hall. Warner is equipped with air conditioning and adjacent to the football facilities. If you have a roommate preference please indicate it on your registration form.

What to Bring

- Bedding for twin bed (or a sleeping bag)
- Towels
- Toiletries (soap, shampoo, toothpaste, etc.)
- Helmet, mouthpiece, shoulder pads, practice jersey
- Football cleats, tennis shoes
- Alarm Clock

Saturday, June 11

- | | |
|-------------|-------------------------|
| 2:00 p.m. | Check In |
| 3:00 p.m. | Coaches' Meeting |
| 3:40 p.m. | Practice with your team |
| 5-6:00 p.m. | Dinner |
| 7:00 p.m. | 11-on-11 Thud Scrimmage |
| 9:00 p.m. | Film Session |
| 10:00 p.m. | Bed Check |
| 10:30 p.m. | Lights Out |

Sunday, June 12

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|----------------------|-------------------------|
| 6:30 a.m. | Wake Up |
| 7-8:00 a.m. | Breakfasts |
| 9:00 a.m. | Practice with your team |
| 9:45 a.m. | 11-on-11 Scrimmage |
| 11:30 a.m.-1:00 p.m. | Lunch |
| 2:00 p.m. | Practice with your team |
| 2:30 p.m. | 11-on-11 Scrimmage |
| 3:30 p.m. | Practice |
| 4:00 p.m. | Scrimmage |
| 5-6:00 p.m. | Dinner |
| 7:00 p.m. | Practice |
| 7:45 p.m. | 11-on-11 Scrimmage |
| 8:30 p.m. | Break |
| 9:00 p.m. | Film Session |
| 10:30 p.m. | Bed Check |
| 11:00 p.m. | Lights Out |

Monday, June 13

- | | |
|-------------|-------------------------------|
| 6:30 a.m. | Wake Up |
| 7-8:00 a.m. | Breakfast |
| 8:00 a.m. | Practice / 11-on-11 Scrimmage |
| 10:00 a.m. | Check Out |

Contact Information:

Roxie Sjögren

Director of Campus Activities

Bethany College

335 E. Swensson St.

Lindsborg, KS 67456

(785) 227-3380 ext. 8158

fax: (785) 227-3357

