

# BETHANY COLLEGE

## DRUG EDUCATION AND DRUG TESTING POLICY FOR STUDENT-ATHLETES

1.0 INTRODUCTION.....	1
2.0 STUDENT-ATHLETE NOTIFICATION AND EDUCATION.....	2
3.0 INSTITUTIONAL DRUG AND SUBSTANCE ABUSE TESTING .....	2
3.1 Methods for Selection and Eligibility for Drug Testing.....	2
3.2 Notification for Drug Testing.....	3
3.3 Reasonable Suspicion Testing .....	3
3.4 Safe Harbor.....	4
3.5 Postseason and Championship Screening .....	4
3.6 Re-Entry Testing.....	4
3.7 Follow-Up Testing .....	4
3.8 Pre-Season Screening.....	5
3.9 Collection Procedures .....	5
3.10 Substances Tested .....	5
3.11 Reporting Results.....	5
3.12 Accumulation of Results.....	5
3.13 Institutional Discipline for a Positive Test .....	5
3.14 Exceptions for Prescription Medications.....	7
3.15 Appeals Process.....	8
3.16 Institutional Drug Testing Record Keeping.....	8
4.0 USE OF DIETARY SUPPLEMENTS .....	8
5.0 USE OF TOBACCO.....	9
6.0 USE OF ALCOHOL .....	9
APPENDIX I: BANNED SUBSTANCES .....	10
List of Banned Substances for Student Athletes.....	11
APPENDIX I: FORMS .....	14
Confirmation of Receipt of the Drug Education and Testing Policy for Intercollegiate Student-Athletes .....	15
Student-Athlete Dietary Supplement Disclosure & Review Form .....	17
Department of Athletics Drug Testing Reasonable Suspicion Reporting Form.....	18
Drug Testing Program Student-Athlete Notification Form.....	20

### 1.0 INTRODUCTION

Bethany College believes that it is a privilege for a student to represent Bethany on or off the field and the responsibility of such representation is a matter of both character and integrity. Bethany College, along with the Kansas Collegiate Athletic Conference (KCAC), and the National Association for Intercollegiate Athletics (NAIA), seek to uphold this responsibility by providing programs to insure a fair, safe, and honorable field of play.

Bethany College also encourages the promotion of good physical health and well-being of all student-athletes. As a consequence, Bethany College's education program will consist of a two-fold process: (1) student-athlete education, and (2) illegal drug and substance abuse testing.

The purpose of the educational program is to assist student-athletes by ensuring that they are well informed about illegal drugs, dietary supplements, and the abuse of legal drugs. The educational program further attempts to promote a healthy student-athlete lifestyle as well as create a fair competitive environment.

The purpose of the drug and substance abuse testing program is to discourage the use of illegal drugs, and the abuse of legal drugs and dietary supplements by student-athletes through a screening program based on periodic testing designed to identify those who use a banned substance including, without limitation, those substances appearing on the Banned Substances for Intercollegiate Athletics established by the KCAC and/or the NAIA ("Banned Substance"), which is published on the Bethany College Athletics webpage, or is available through the Bethany College Athletic Department.

This policy is not a contract between the Bethany College and the student-athletes at Bethany College. However, signed consent and notification forms by the student-athlete shall be considered affirmation of the student-athlete's understanding of the terms and conditions contained in this policy. Bethany College reserves the right to amend and adjust this policy at any time.

## **2.0 STUDENT-ATHLETE NOTIFICATION AND EDUCATION**

All student-athletes will be required to annually sign a drug testing consent form and will be notified of the Drug Education and Testing program by the head athletic trainer, head coach, drug-site testing coordinator, or the designate of the Athletic Director.

All student-athletes, coaches, and such other Bethany College personnel as determined by Bethany College, will participate in a certain informative educational seminars each academic year concerning the harmful effects of drugs and illegal substances as specified by Bethany College. Participants in all such seminars will be provided a forum to ask questions and be provided the most readily available information.

Student-athletes who test positive for a "Banned Substance," and if such result is not the result of approved prescription medication (as discussed in 3.14 EXCEPTIONS FOR PRESCRIPTION MEDICATIONS), will be subject to sanctions, as discussed in 3.13 INSTITUTIONAL DISCIPLINE FOR A POSITIVE TEST, and will be referred by the Athletic Department to the office of the Bethany College counselor.

## **3.0 INSTITUTIONAL DRUG AND SUBSTANCE ABUSE TESTING**

### **3.1 Methods for Selection and Eligibility for Drug Testing**

The Athletic Department, through Drug Free Sport, will conduct random institutional drug testing of all athletic teams. The head coach of each team will provide a roster of all student-athletes to the Drug Testing Site Coordinator.

Student-athletes who are eligible for institutional drug testing shall include any student-athlete listed on the NAIA or institutional squad list, which includes:

- Those who are actively participating,
- Those with medical disabilities,
- Red-shirted student-athletes,
- Partial and non-qualifiers, and
- Those who have exhausted eligibility but are still receiving athletics awarded aid.

That list will then be compared to the list of student-athletes maintained by Bethany College personnel who are responsible for eligibility and financial aid issues. A final list of Bethany College student-athletes will then be submitted to Drug Free Sport. The Drug Testing Site Coordinator shall be responsible for submitting all institutional drug-testing reports to the Athletic Director.

### **3.2 Notification for Drug Testing**

Student-athletes selected for drug testing will be contacted either in person or by telephone (no voice mail or e-mail) by the Drug Testing Site Coordinator. Upon contact with the Drug Testing Site Coordinator, the selected student-athletes must sign the Student-Athlete Notification form. The amount of time between notification and collection of urine specimen will generally be no more than 24 hours before the drug test.

### **3.3 Reasonable Suspicion Testing**

Bethany College reserves the right to require a student-athlete to submit to additional drug testing when there is reasonable suspicion to believe that the student-athlete has been using a Banned Substance.

"Reasonable suspicion" is defined as behavior, conduct, or performance by the student-athlete that leads a faculty or staff member at Bethany College to conclude that likelihood exists that the student-athlete is using or is under the influence of a Banned Substances. Indicators which may be used to determine if reasonable suspicion exists include, but are not limited to, the following:

- Observed possession or use of a Banned Substance
- Arrest or conviction for a criminal offense related to the possession or use of a Banned Substance
- Changes in student-athlete's behavior, conduct, performance, class attendance, GPA, athletic practice attendance, injury rate or illness, physical appearance, academic or athletic motivational level, emotional condition, mood, and legal involvement.

Reasonable suspicion testing is to protect the health of the student-athlete, the health of others, and/or to protect the integrity of the sport and Bethany College.

If a faculty or staff member of Bethany College has reasonable suspicion that a student-athlete is using or is under the influence of a Banned Substance, that faculty or staff member should notify the Athletic Director using the Drug Testing Reasonable Suspicion Reporting Form, which is available on the Bethany College Athletics webpage.

The Athletic Director shall then consult with Head Athletic Trainer, and the Head Coach of that student-athlete's sport to determine if additional drug testing is required. If there is any

disagreement as to whether the student-athlete should be tested, the Athletic Director will have the final decision.

If additional drug testing is determined to be necessary, the Head Athletic Trainer, who is the Drug Testing Site Coordinator, shall require the student-athlete to submit to additional drug testing in the manner stated above. Further, if a student-athlete is observed or otherwise found to be in possession and or use of a Banned Substance, he or she will be subject to the same procedures that would be followed in the case of a positive drug test.

### **3.4 Safe Harbor**

Student-athletes who, prior to notification of any drug test, voluntarily seek help, or disclose that they have a drug or substance abuse issue shall receive all reasonable support and assistance appropriate to facilitate retention and academic, athletic, and social success.

Voluntary disclosure must come prior to any notification of drug testing. After an athlete has been notified of an upcoming drug test, the safe harbor no longer applies. Student-athletes who are willing to accept help will be ineligible for competitions during their treatment but may still continue to practice if deemed safe by the Athletic Director, Head Athletic Trainer, and/or Team Physician.

Student-athletes may seek counseling either on campus or with an outside source of their choice. Once rehabilitative steps have begun, prior to returning to regaining competitive eligibility, the student-athlete must provide a negative drug test. All costs for rehabilitative assistance and re-entry drug testing will be the responsibility of the student-athlete.

A student-athlete may only self-disclose and avoid policy sanctions one time during his or her tenure at Bethany College. After the first self-disclosure, Bethany College recommends that the student-athlete still voluntarily report if he or she has a drug or substance abuse issue, but sanctions will be followed as listed below under 3.13 INSTITUTIONAL DISCIPLINE FOR A POSITIVE TEST.

### **3.5 Postseason and Championship Screening**

Any participant or team likely to advance to post-season championship competition may be subject to additional testing. Testing may be required of all team members or individual student-athletes at any time within 30 days prior to the post-season competition. If a student-athlete tests positive, he or she will not be allowed to compete in the post-season event(s) and will be subject to the sanctions set forth herein.

### **3.6 Re-Entry Testing**

A student-athlete who has had his or her eligibility to participate in intercollegiate sports suspended as a result of a positive drug test may be required to undergo re-entry drug testing before regaining eligibility. The Drug Site Testing Coordinator will arrange for re-entry testing after the student-athlete is certain that he or she can produce a negative drug test and has shown indications that re-entry into the intercollegiate sports program is appropriate.

### **3.7 Follow-Up Testing**

A student-athlete who has returned to participation in intercollegiate sports following a positive drug test under this policy may be subject to follow-up testing. Testing will be unannounced and

will be required at a frequency determined by the Athletic Director, Head Athletic Trainer, Team Physician, or head coach.

### **3.8 Pre-Season Screening**

Student-athletes are subject to pre-season drug testing and may be notified of such by the Athletic Director or Drug Site Testing Coordinator at any time prior to their first competition.

### **3.9 Collection Procedures**

Drug Free Sport will be responsible for the collection process. The athlete's initial specimen will be sent to a certified laboratory, which will be responsible for analyzing the urine specimen provided by the athlete. The detailed collection protocol, which shall be established by Drug Free Sport, shall be provided to the student-athlete as and when the student-athlete receives notification of an impending drug test. Drug Free Sport may modify such collection protocol from time to time.

### **3.10 Substances Tested**

Testing of the sample is intended to detect and/or identify any Banned Substance. In addition, such testing can detect substances used as a recreational drug, as well as those that are performance enhancement, and prescription drugs.

### **3.11 Reporting Results**

The Drug Testing Site Coordinator will notify the Athletic Director, head coach, and team physician of any and all positive test results. The Athletics Director will have a meeting with the student-athlete, head coach, and Drug Site Coordinator where the results and consequences will be discussed.

### **3.12 Accumulation of Results**

All test results accumulate during the entire time that an individual is a student-athlete at Bethany College.

### **3.13 Institutional Discipline for a Positive Test**

#### ***First Violation***

A student-athlete with an initial positive test result for a Banned Substance while enrolled at Bethany College will be referred to the Athletic Director for institutional sanctions as well as to the Bethany College counselor for an initial evaluation and potential rehabilitation regarding substance abuse.

Referral to the Bethany College counselor will determine the educational content and duration for this program. The Athletic Director, or designee, shall notify the student-athlete and the head coach of the student-athlete's sport of the first positive test result for the purpose of securing assistance in the prevention of further drug use by the student-athlete.

The student-athlete will be suspended for 20% of the entire season's competition in his/her intercollegiate sport (coaches have the discretion to increase the duration of suspension based on their team rules). If less than 20% of the schedule is remaining in the current season, or if the positive test comes during an "off" season (i.e. during the Spring for football), then any loss of competition imposed will carry over into the following season.

Exhibition games may be included in the suspension but will not be counted toward the 20%. The student-athlete may be withheld from practice if deemed necessary based on the student-athlete's health status as it is affected by the substances taken. This decision will be determined by the Head Athletic Trainer, Team Physician and Athletic Director.

The student-athlete will retain his/her athletic awarded financial aid. The student-athlete will be required to provide a negative drug test prior to being reinstated for competition. All costs of additional testing will be charged to the student-athlete and must be paid for before eligibility is reinstated.

A student-athlete who tests positive may be subject to additional follow-up testing over the student-athlete's athletic career. In addition, the student-athlete shall be required, in the presence of two of the following persons—Athletic Director, Head Coach of the sport in which the student-athlete participating, or the Head Athletic Trainer—to contact his or her parent or guardian to disclose the positive drug test and the sanctions for such positive drug test.

The head coach of each sport, upon approval of the Athletic Director, has the ability to add on additional sanctions as written in the team rules, excluding expulsion or reduction of athletic aid within the period of the award.

### ***Second Violation***

A student-athlete with a second positive test result for a Banned Substance while enrolled at Bethany College will be referred to the Athletic Director for further institutional sanctions as well as to the Bethany College for additional evaluation, with a potential for off-campus counseling to be required at the students-athlete's expense.

A second offense has nothing to do with any previous testing and does not include appeals or drug testing to restore eligibility. This can be a second positive test of the same banned substance or the second time the student-athlete has been tested resulting in a positive test showing the presence of a Banned Substance. This evaluation also will determine the educational content and potential rehabilitation regarding substance abuse. Only members of the athletic department will regulate athletic eligibility. The Athletic Director, or designee, will notify the student-athlete and the head coach of the student-athlete's sport of the second positive test result for the purpose of securing additional assistance in the prevention of further drug use by the student-athlete.

The student-athlete will be suspended for 50% of the entire season's competition in his/her intercollegiate sport (coaches have the discretion to increase the duration of suspension based on their team rules). If less than 50% of the schedule is remaining in the current season, or if the positive test comes during an "off" season (i.e. during the Spring for football), then any loss of competition imposed will carry over into the following season.

Exhibition games that fall within this suspension will be included, but will not be counted toward the 50%. The student-athlete may be withheld from practice if deemed necessary based on the student-athlete's health status as it is affected by the substances taken. This decision will be determined by the Head Athletic Trainer, Team Physician and Athletic Director.

The student-athlete also may lose 50% or his/her athletic-awarded financial aid (effective the start of the next semester). The student-athlete will be required to provide a negative drug test prior to being reinstated for competition. All costs of additional testing will be charged to the student-athlete and must be paid for before eligibility is reinstated

A student-athlete who tests positive may be subject to additional follow-up testing over the student-athlete's athletic career. In addition, the student-athlete shall be required, in the presence of two of the following persons—Athletic Director, Head Coach of the sport in which the student-athlete participating, or the Head Athletic Trainer—to contact his or her parent or guardian to disclose the positive drug test and the sanctions for such positive drug test.

The head coach of each sport, upon approval of the Athletic Director, has the ability to add on additional sanctions as written in the team rules, excluding expulsion or reduction of athletic aid within the period of the award. The Athletic Director also may add additional sanctions to the student-athlete outside of those listed in this policy or written in the team rules.

### ***Third Violation***

A student-athlete with a third positive test result for a Banned Substance while enrolled at Bethany College will be permanently banned from ever returning as a participant in any Bethany College Athletic Department-sponsored activity. This does not include appeals to prior testing, but is a third positive test during random drug testing.

The Athletic Director will immediately cancel current and non-renewal of athletic-awarded scholarships. In addition, the student-athlete shall be required, in the presence of two of the following persons—Athletic Director, Head Coach of the sport in which the student-athlete participating, or the Head Athletic Trainer—to contact his or her parent or guardian to disclose the positive drug test and the sanctions for such positive drug test.

## **3.14 Exceptions for Prescription Medications**

Bethany College recognizes that some Banned Substances are used for legitimate medical purposes. Accordingly, Bethany College allows exception to be made for those student-athletes with a documented medical history demonstrating the need for regular use of such a drug.

If a legitimate, non-performance enhancing reason for a documented medical condition is demonstrated, in writing, by the student-athlete's physician, exceptions may be granted for substances included in the following classes of banned drugs:

- Stimulants
- Anabolic agents\*
- Beta blockers
- Diuretics
- Peptide hormones\*
- Anti-estrogens
- Beta-2 agonists

\*A medical exception for the use of anabolic agents and peptide hormones must be submitted and approved before a student-athlete can participate in intercollegiate athletics.

Additional information regarding medical exceptions procedures will be dealt with on an individual basis. Prescriptions for medical marijuana will not be granted as an exception because marijuana, in all forms, is an illegal drug in the State of Kansas.

Bethany College shall inform Drug Free Sport of its intent to request a medical exception to a positive drug test when it is notified of the positive result of the A sample. If the B sample is confirmed positive and reported to the institution and documentation to support the medical exception request has not been submitted, the student-athlete will be declared ineligible until such time documentation is received, reviewed, and the exception is granted.

### **3.15 Appeals Process**

A student-athlete may appeal an institutional drug test result within 24 hours of his or her receipt of notification of a positive drug test. Such appeal shall be in writing and shall be submitted to the Athletic Director. Once an appeal is received, and if the appeal is based specifically upon the test analysis, the student-athlete will then allow to Drug Free Sport to conduct further analysis and lab testing. This analysis must be performed within 24 hours of an appeal being granted.

Only one appeal is allowed per institutional drug test. The cost of further analysis and all processes therein will be at the expense of the student-athlete and must be paid for in full prior to any further analysis and before eligibility to participate in the student-athlete's sport can be reinstated.

A committee made up of the Head Athletic Trainer, Head Coach, and Athletic Director will review the case. The student-athlete will be notified of the date and time of the meeting and have the right to appear before the panel with an advisor (legal or otherwise). The advisor can only advise the student-athlete, but may not participate in the conversation with the committee.

### **3.16 Institutional Drug Testing Record Keeping**

The Drug Testing Site Coordinator will keep records on the number of student-athletes tested and the results of the tests. These results are kept confidential to the extent allowed by applicable state and federal laws and related rules and regulations. Results will be compared with previous years' results to determine the effectiveness of the substance abuse and education program.

## **4.0 USE OF DIETARY SUPPLEMENTS**

Dietary supplements have become commonplace in athletics since the passage of the Dietary Supplements Health and Education Act in 1994. Deceptive marketing by supplement manufacturers and supplement distributors have led student-athletes to believe that a product with the word "all natural" on the label is safe.

Before consuming any nutritional/dietary supplement product, the athlete should review the product with the athletics department staff. Dietary supplements are not well regulated and may contain a Banned Substance that will cause a positive drug test result.

Any product containing a dietary supplement ingredient is taken at the student-athlete's risk. Many serious side effects, including death, have been linked to dietary supplements. Any student-athlete, or coach, requesting more information about dietary supplements and potential Banned

Substances that are, or might be, ingredients in these supplements should seek additional education.

Further information can be sought through the National Center for Drug Free Sport Resource Exchange Center (REC) at (877) 202-0767 or visit the website at [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec).

## **5.0 USE OF TOBACCO**

The use of tobacco products by institution personnel or student-athletes on any playing sites during any competition and/or event is prohibited. This includes, but is not limited to the use of tobacco products on the field of play, banquets, and autograph sessions surrounding a Conference championship or postseason tournament.

## **6.0 USE OF ALCOHOL**

The Athletic Department supports Bethany College's policy on the use of Alcohol as stated in the Student Handbook.

# **APPENDIX I: BANNED SUBSTANCES**

# LIST OF BANNED SUBSTANCES FOR STUDENT ATHLETES

*Revision Date: August 2011*

## 1.0 BANNED CLASSES OF DRUGS

Bethany College bans the following classes of drugs:

- Stimulants
- Anabolic Agents
- Alcohol and Beta Blockers
- Diuretics and Other Masking Agents
- Street Drugs
- Peptide Hormones and Analogues
- Anti-estrogens
- Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

## 2.0 DRUGS AND PROCEDURES SUBJECT TO RESTRICTIONS

Bethany College subjects the following drugs and procedures to restrictions::

- Blood Doping
- Local Anesthetics (under some conditions)
- Manipulation of Urine Samples
- Beta-2 Agonists permitted only by prescription and inhalation
- Caffeine if concentrations in urine exceed 15 micrograms/ml

## 3.0 NUTRITIONAL/DIETARY SUPPLEMENTS WARNING

Before consuming any nutritional/dietary supplement product, please fill out the Student-Athlete Dietary Supplement Disclosure & Review Form and review the product with your coach or athletic training staff.

- Dietary supplements are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is taken at your own risk even if disclosed and reviewed with a coach or the athletic training staff.

It is your responsibility to check with the appropriate Athletic Department staff member before using any substance.

Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient. Check with your athletics department staff prior to using a supplement.

## 4.0 EXAMPLES OF BANNED SUBSTANCES IN EACH DRUG CLASS

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned. Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec).

### 4.1 Stimulants

- amphetamine (Adderall)
- caffeine (guarana)
- cocaine
- ephedrine
- fenfluramine (Fen)
- methamphetamine
- methylphenidate (Ritalin)
- phentermine (Phen)
- synephrine (bitter orange)
- methylhexanamine

#### *Exceptions*

- Phenylephrine and pseudoephedrine are not banned.

### 4.2 Anabolic Agents

(Anabolic agents are also sometimes listed as a chemical formula, such as 3,6,17-androstenetrione)

- boldenone
- clenbuterol
- DHEA (7-Keto)
- nandrolone
- stanozolol
- testosterone
- methasterone
- androstenedione
- norandrostenedione
- methandienone
- etiocholanolone
- trenbolone

### 4.3 Alcohol and Beta Blockers

- alcohol
- atenolol
- metoprolol
- nadolol
- pindolol
- propranolol
- timolol

#### Diuretics (water pills) and Other Masking Agents

- bumetanide
- chlorothiazide
- furosemide
- hydrochlorothiazide
- probenecid
- spironolactone (canrenone)
- triameterene
- trichlormethiazide

#### 4.4 Street Drugs

- heroin
- marijuana
- tetrahydrocannabinol (THC)
- synthetic cannabinoids (eg. spice, K2, JWH-018, JWH-073)

#### 4.5 Peptide Hormones and Analogues

- growth hormone(hGH)
- human chorionic gonadotropin (hCG)
- erythropoietin (EPO)

#### 4.6 Anti-Estrogens

- anastrozole
- tamoxifen
- formestane
- 3,17-dioxo-etiochol-1,4,6-triene(ATD)

#### 4.7 Beta-2 Agonists

- bambuterol
- formoterol
- salbutamol
- salmeterol

## **APPENDIX II: FORMS**

## CONFIRMATION OF RECEIPT OF THE DRUG EDUCATION AND TESTING POLICY FOR INTERCOLLEGIATE STUDENT-ATHLETES

### ***Signature of Student-Athlete for Participation in Intercollegiate Athletics:***

I acknowledge that I have received a copy of Bethany College's Drug Education and Testing Policy. I understand that this policy contains important information on the drug testing policies for student-athletes and on my obligations as a student-athlete. I agree to read the entire Drug Education and Testing Policy and to abide by the policies and procedures it describes. If I have any questions about the Drug Education and Testing Policy or other related matters, I will consult with my coach, the Athletic Director, or head athletic trainer.

I understand that my eligibility for participation in intercollegiate athletics at Bethany College is conditioned on my compliance with the Drug Education and Testing Policy.

---

*Date*

---

*Student-Athlete's Printed Name*

---

*Birthday*

---

*Student-Athlete's Signature (Date)*

---

*Bethany College ID#*

### ***Received by:***

---

*Head Athletic Trainer's Signature*

---

*Date*

---

*Athletic Director's Signature*

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*Date*

**Signature of Parent/Guardian for Student-Athletes Who Are Minors:**

I certify that I have custody of Participant or am the legal guardian of Participant by court order. I have received and read Bethany College's Drug Education and Testing Policy and fully understand its terms. I agree to the conditions stated therein on behalf of my minor child. If I have any questions about the Drug Education and Testing Policy or other related matters, I will consult with my minor child's coach or the Athletic Director.

I understand that my minor child's eligibility for participation in intercollegiate athletics at Bethany College is conditioned on his/her compliance with the Drug Education and Testing Policy.

\_\_\_\_\_  
*Printed Name of Parent or Guardian*

\_\_\_\_\_  
*Relationship to Student-Athlete*

\_\_\_\_\_  
*Signature of Parent or Guardian*

\_\_\_\_\_  
*Date*

**Received by:**

\_\_\_\_\_  
*Head Athletic Trainer's Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Athletic Director's Signature*

\_\_\_\_\_  
*Date*

## STUDENT-ATHLETE DIETARY SUPPLEMENT DISCLOSURE & REVIEW FORM

I, \_\_\_\_\_ (*student name*) am taking or intend to take the following dietary supplements. I acknowledge the risk of losing my eligibility to participate in intercollegiate athletics if I test positive for a Banned Substance, as defined by the Drug Education and Drug Testing Policy for Student-Athletes, that may be found in any substance that I take, regardless of the reason or purpose for taking such supplements.

I acknowledge and understand that the labeling on these products can be misleading and inaccurate, and that sales personnel are not motivated nor qualified to accurately certify that these products contain no banned substances. "Healthy" or "naturally occurring" are terms often used to market sales of dietary supplements, but do not necessarily mean they are safe.

Before taking or using any dietary supplement, I am responsible for ensuring the product does not contain any banned substance. By making this disclosure, I am requesting that these products and their ingredients be reviewed by Bethany College's Head Athletic Trainer for the purposes of determining whether they are medically safe to use and do not contain banned substances. I understand that I should not take or use these products until their usage has been reviewed by Bethany College's Head Athletic Trainer.

Brand Name	Listed Ingredients
_____	_____ _____
_____	_____ _____
_____	_____ _____
_____	_____ _____
_____	_____ _____
_____	_____ _____

\_\_\_\_\_  
*Head Athletic Trainer's Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Athletic Director's Signature*

\_\_\_\_\_  
*Date*

## DEPARTMENT OF ATHLETICS DRUG TESTING REASONABLE SUSPICION REPORTING FORM

I, \_\_\_\_\_ (*Bethany College Faculty or Staff Member*) under the reasonable suspicion provisions that are outlined in the Drug Education and Drug Testing Policy for Student-Athletes, report the following objective sign(s), symptom(s) or behavior(s) that I reasonably believe warrant \_\_\_\_\_ (*name of student-athlete*) to be referred to the Director of Athletics or his/her designee for possible drug testing. The following sign(s), symptom(s), or behavior(s) were observed by me over the past \_\_\_\_\_ hours and/or \_\_\_\_\_ days.

***Please check below all that apply:***

**The Student-Athlete has demonstrated:**

- |   |  |
|---|--|
| <input type="checkbox"/> Dilated pupils<br><input type="checkbox"/> Constricted pupils<br><input type="checkbox"/> Red eyes<br><input type="checkbox"/> Smell of alcohol on the breath<br><input type="checkbox"/> Staggering or difficulty walking<br><input type="checkbox"/> Constantly running and/or red nose<br><input type="checkbox"/> Recurrent violations of Bethany College Student Code of Conduct<br><input type="checkbox"/> Recurrent bouts with a cold or the flu<br><i>(list dates: _____)</i><br><input type="checkbox"/> Recurrent motor vehicle accidents and/or violations<br><i>(list dates: _____)</i> | <input type="checkbox"/> Overstimulated or 'hyper'<br><input type="checkbox"/> Excessive talking<br><input type="checkbox"/> Withdrawn and/or less communicative<br><input type="checkbox"/> Periods of memory loss<br><input type="checkbox"/> Slurred speech<br><input type="checkbox"/> _____ |
|---|--|

**The Student-Athlete has shown:**

- |   |  |
|---|--|
| <input type="checkbox"/> Irritability<br><input type="checkbox"/> Loss of temper<br><input type="checkbox"/> Poor motivation<br><input type="checkbox"/> Emotional outburst (e.g. crying)<br><input type="checkbox"/> Physical outburst (e.g. throwing equipment)<br><input type="checkbox"/> Verbal outburst (e.g. to faculty, staff, students, teammates) | <input type="checkbox"/> Weight gain<br><input type="checkbox"/> Weight loss<br><input type="checkbox"/> Sloppy hygiene and/or appearance<br><input type="checkbox"/> Failure to follow directions |
|---|--|

**The Student-Athlete has been:**

- |  |  |
|--|--|
| <input type="checkbox"/> Late for practice     | <input type="checkbox"/> Staying up too late       |
| <input type="checkbox"/> Late for class        | <input type="checkbox"/> Missing appointments      |
| <input type="checkbox"/> Not attending class   | <input type="checkbox"/> Missing or skipping meals |
| <input type="checkbox"/> Receiving poor grades |  |

**Other specific objective findings include:**

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**Signatures:**

<hr/>	<hr/>
<i>Person Making Report Name</i>	<i>Position</i>
<hr/>	<hr/>
<i>Person Making Report Signature</i>	<i>Date</i>
<hr/>	
<i>Athletic Director Name</i>	
<hr/>	<hr/>
<i>Athletic Director Name Signature</i>	<i>Date</i>

- Bethany College Counselor consulted?**     Yes     No
- Reasonable Suspicion finding upheld?**     Yes     No

## DRUG TESTING PROGRAM STUDENT-ATHLETE NOTIFICATION FORM

Student-Athlete: \_\_\_\_\_  
 Social Security Number (optional): \_\_\_\_\_  
 Sport: \_\_\_\_\_  
 Date of Notification: \_\_\_\_\_ Time of Notification: \_\_\_\_\_ AM or PM

I, \_\_\_\_\_, (*Student-Athlete*) the undersigned:

Acknowledge being notified to appear for institutional drug testing and have been notified to report to the drug-testing site at:

\_\_\_\_\_ (*location*) on \_\_\_\_\_ (*date*) at \_\_\_\_\_ (*time*).

- I will be prepared to provide an adequate urine specimen and will not over hydrate. I understand that providing numerous diluted specimens may be cause for follow-up drug testing.
- I will be prepared to provide an adequate saliva sample if necessary and will not eat or drink at least 10 minutes prior to providing a saliva sample.
- I will be prepared to provide an adequate hair sample if necessary.
- I understand that I may have a witness accompany me to the drug-testing site.
- I understand that failure to appear at the site on or before the designated time will constitute a withdrawal of my previous consent to be tested as part of the Institutional Drug Testing Consent and will result in a penalty.

By signing below, I acknowledge being notified of my participation in institutional drug testing, and I am aware of what is required of me in preparation for this drug-testing event.

\_\_\_\_\_  
*Student-Athlete Signature*

\_\_\_\_\_  
*Date*

I can be reached at the following phone number on test day: \_\_\_\_\_

*Institutional Representative retains top portion of completed forms.*

### ***For Student-Athlete: Bethany College Drug Testing Program***

Student-Athlete: \_\_\_\_\_  
 Location of test: \_\_\_\_\_  
 Date of Test: \_\_\_\_\_ Time to Report: \_\_\_\_\_ AM or PM

**Report to the test site with picture identification. Do not drink too many fluids.**