

**2011 BETHANY SWEDE WRESTLING  
MIDDLE/HIGH SCHOOL FREE FALL CLINIC**

**October 22<sup>nd</sup>, 2011**

**Schedule**

**8:30-9:00  
Registration**

**9:00-11:00  
Neutral**

**11:00-12:00  
Lunch**

**12:00-2:00  
Referee's  
Position**

**2:00-3:00  
Open Mat**



**Clinicians-Bethany College Coaches and Wrestlers**

**Coach Cody Garcia University of Nebraska at Omaha '10, Hutchinson High School '04**

Assistant Coach at UNO for 2011 National Championship Team  
Member of National Championship Teams in 2005, 2006, 2009, 2010  
Two-time National Champion, Four-time All-American  
UNO Single Season and Career Pins Record Holder

**Coach Jacob Marrs University of Nebraska at Omaha '10, Clay Center Community High School '05**

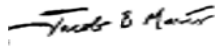
Assistant Coach at UNO for 2011 National Championship Team  
Member of National Championship Teams in 2005, 2006, 2009, 2010  
Strength Coach for UNO Football, Baseball, Wrestling  
Assistant Coach for 2011 National Championship Team  
Member of National Championship Teams in 2006, 2009, 2010  
National Runner Up, Three-time All American, Four-time National Qualifier

Wrestling Community,

We invite you to the First Annual Bethany Wrestling FREE Fall Clinic. Bethany College added wrestling in February of 2011, and we are looking forward to our first season of competition this winter. Coach Garcia and I are excited about the future of wrestling here at Bethany. It is an honor to come back to our home state and serve the Kansas wrestling community.

With the wrestling season fast approaching, we are offering high school wrestlers the opportunity to gain some mat time and techniques that will benefit them this season. We will hold the clinic at the Smoky Valley Wrestling Room located on the North West side of Smoky Valley High School here in Lindsborg. Lindsborg is on US Highway 81, fifteen minutes between Salina and McPherson. The clinic is free of charge and you may choose your own lunch plans.

Respectfully,



Jacob Marris 

Bethany College

Head Wrestling Coach

(785) 227-3380 ext. 8299 office

(785) 227-2021 fax

[marrsj@bethanylb.edu](mailto:marrsj@bethanylb.edu)

335 E. Swensson St.

Lindsborg, KS 67456

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**Mail form to: Bethany College Wrestling 335 E. Swensson Street, Lindsborg, Kansas 67456**

Name \_\_\_\_\_ Parents Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ E-mail \_\_\_\_\_

I \_\_\_\_\_ (“Participant”) acknowledge the dangers associated with wrestling, and that I have voluntarily signed up to wrestle at the Bethany Swede Wrestling Free Fall Clinic. I acknowledge that I am in good health and physically fit enough to participate. I will not hold Smoky Valley High School, Bethany College, Bethany Wrestling, or any camper/clinician responsible for any injuries that I may incur. I am voluntarily participating in this activity with full knowledge of the danger involved, and agree to assume any and all risks of bodily injury, death, or property damage whether these risks are known or unknown.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_