



Safe Harbor

Student-athletes who, *prior to notification of any drug test*, voluntarily seek help, or disclose that they have a drug or substance abuse issue, shall receive all reasonable support and assistance appropriate to facilitate retention and academic, athletic, and social success.

Student-athletes who are willing to accept help will be ineligible for competitions during their treatment but may still continue to practice if deemed safe by the Athletic Director, Head Athletic Trainer, and/or Team Physician.

Once rehabilitative steps have begun, the student-athlete must provide a negative drug test before regaining competitive eligibility. The student-athlete must pay all costs for rehabilitative assistance and re-entry drug testing.

A student-athlete may only self disclose and avoid policy sanctions one time. After the first self disclosure, normal policy sanctions will be followed.

Medical Exceptions

Bethany College allows exceptions to the banned substance list for those student-athletes whose physicians document, in writing, drugs given for a legitimate, non-performance enhancing reason for a documented medical condition.

Exceptions may be granted for substances included in the following classes of banned drugs: stimulants, anabolic agents, beta blockers, diuretics, peptide hormones, anti-estrogens, and beta-2 agonists.

Prescriptions for medical marijuana will not be granted as an exception because marijuana, in all forms, is an illegal drug in the State of Kansas.

Dietary Supplements

Before consuming any nutritional or dietary supplement product, student-athletes should review the product with the athletics department staff.

Dietary supplements are not well-regulated and may contain a banned substance that will cause a positive drug test result.

The National Center for Drug Free Sport Resource Exchange Center (REC) can provide more information at (877) 202-0767 or

Bethany College

Drug Education & Drug Testing Policy for Student-Athletes

This information is a summary of the official Bethany College Drug Testing Policy, which is available in its entirety on the athletic website at www.bethanyswedes.com

This policy may be revised and adjusted at anytime without notification.

335 East Swensson Street

About the Student-Athlete Drug Policy

Purpose

The policy is comprised of two measures to promote good physical health and well-being of all student-athletes.

The first measure is student-athlete education. The purpose is to promote healthy lifestyles and create a fair competitive environment by educating student-athletes about illegal drugs, dietary supplements, and the abuse of legal drugs.

The second measure is illegal drug and substance abuse testing. The purpose is to discourage the use of illegal drugs and the abuse of legal drugs and dietary supplements by student-athletes. Testing will screen for the substances appearing on the Banned Substances for Intercollegiate Athletics established by the KCAC and/or the NAIA.

The banned substances list is available on www.bethanyswed.com or through the Bethany College Athletic Department.

Who is covered by the policy?

The policy applies to student-athletes listed on the NAIA or institutional squad list, which includes those who are actively participating, those with medical disabilities, red-shirted student-athletes, partial and non-qualifiers, and those who have exhausted eligibility but are still receiving athletics awarded aid.

When is the random testing?

Drug testing will be conducted randomly multiple times throughout the school year. The school year is defined as the first day of pre-season fall sports practices to the last day of national competition for any spring sports.

Drug Free Sport will make all random selections of student-athletes for testing (who is to be tested, how many are selected from each team for drug testing, when such drug testing will occur, etc.)

All student-athletes, regardless of sport, will be in consideration for drug testing whether they are in or out of season.

Violations

In addition to these, coaches may add additional sanctions (excluding expulsion and reduction of financial aid) to the team rules.

FIRST VIOLATION

- Counseling
- Ineligible for 20% of competitive season
- Must provide a negative drug test before eligibility is reinstated
- Parent/guardian notification

SECOND VIOLATION

- Counseling
- Ineligible for 50% of competitive season
- May lose up to 50% of athletic-awarded financial aid
- Must provide a negative drug test before eligibility is reinstated
- Parent/guardian notification

THIRD VIOLATION

- Permanent ban from all Bethany College Athletic Department-sponsored activities
- Cancellation of all athletic-awarded scholarships
- Parent/guardian notification

The purpose of the Student-Athlete Drug Policy is to promote healthy lifestyles, create a fair competitive environment, and deter drug use by student-athletes.